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MODERN DAY OCCULT ACTIVISM AND SUPPORT, VISIT**

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**HAIL THE WEREWOLF**

# The Voice

ASTARA'S NEWSLETTER  
PUBLISHED MONTHLY BY ASTARA, INC.  
NOVEMBER 1993, VOL. 42, NO. 2

SCHOOL OF THE ANCIENT MYSTERIES  
CHURCH OF ALL RELIGIONS  
ACADEMY OF ALL PHILOSOPHIES

## Finding Spiritual Peace

Our planet is a frontier with brave and resilient explorers, in search of the meaning of life to consummate spiritual peace. It is our group meditation this month, to affirm the realization of this metamorphosis into spiritual wholeness.

When you join us in this global transformational process, at noon (PDT) on Saturday, November 27th, project your affirmation for humankind's awakening to its evolutionary process and discovering the spiritual fulfillment it yearns for in its great search for completion and identity.

With other Astarians, simultaneously visualize an understanding of the soul nature, the true self, for all people. See them eliminate emotional and mental restrictions, while maintaining personal responsibility. Allow them to find their individual meaning through spiritual and emotional development.

Together, by using our meditative training and transformational skills,

*Continued on page 21*



## The Path to Self Enlightenment

Dr. Robert's popular weekend course of seminars, "The Path to Self Enlightenment," will continue to be offered throughout Southern California this month and next. Following a presentation in Manila, Philippines, the California tour began in San Diego on October 29-31.

The weekend consists of four independent seminars that harmoniously unite to help place you on the "Path to Self Enlightenment."

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## November Voice Features

- ◆ "Finding Spiritual Peace"—Joint Meditation on November 27th
- ◆ Astara's First Annual Christmas Boutique!
- ◆ Listen to the "Voice of the Soul"





## From Sita Chaney

### *Many Kinds of Peace to Attain*

Dear Astarian,

Spiritual peace is our meditation topic this month. There are many kinds of peace. There's peace of mind which might include financial stability; a certain tranquility of thought; a calm order to your thoughts as you consider situations at work or home, or as you read or study.

There's emotional peace. This is a state of being which may mean that you've learned how to express emotions ranging from joy and love to anger and sadness in positive ways. You don't bottle them up but instead allow them to flow through you without getting stuck in either denial of emotions or in extreme and unhealthy forms of expressing feelings.

There's physical peace which may include physical health, enjoyment of healthy foods, physical strength through exercise, yoga, or various forms of bodywork.

Spiritual peace to me can be reflected by a certain contentment. This doesn't mean passivity, but an inner joy at knowing that you are learning and growing spiritually in ways which please and nurture you. The feeling is one of being ever more connected with God or the Divine Spirit within you.

Spiritual peace can be attained in many ways, most of which you

already know and may practice: meditation; visualization; using affirmations; reading spiritual material; prayer; gardening; being in a natural setting; listening to music; showing kindness, love and respect to yourself and others; healing yourself or others at their request, and many other important ways.

When you experience spiritual peace in your life, this feeling filters into and makes stronger all other forms of peace... your peace of mind, emotional peace and physical peace... because, of course, they're all connected. Peace of any and every kind is so needed within each of us as well as in our relationships with one another, one culture to another, one race to another, one religion to another, one country to another, and through out the world.

So this month, during your meditation time, send spiritual peace to every living being on our planet, and then open yourself to its inflow in your life in every way. Let it flow into your body, your emotions, your mind and your spiritual or high self and feel more strongly the diving being which you are and of which you are a part. This feeling is made manifest by an affirmation which Dad often uses at church on Sunday: "I am in the Infinite Light, and the Infinite

*Continued on page 15*

## Study Groups

The following persons are interested in joining an existing study group, or in forming a new one.

Janice Bennett  
Blackwell, MO  
678-2307

Kay Greyhouse  
Follansbee, WV  
527-4515

Damian Codipilly  
San Jose/Santa Clara, CA  
292-5480

Godfrey McPherson  
Deltona, FL  
789-8624

Marlena Bansa  
Chicago, IL  
525-6309

Esmond Laltoo  
Vistabella/San Fernando, Trinidad

Victoria Nash-Scott  
Fort Wayne, IN

(If no phone number is given, send inquiries to Astara for forwarding. Please include phone number and address.)



**"No man ever became wise by chance."**

**—Lucius Annaeus Seneca**

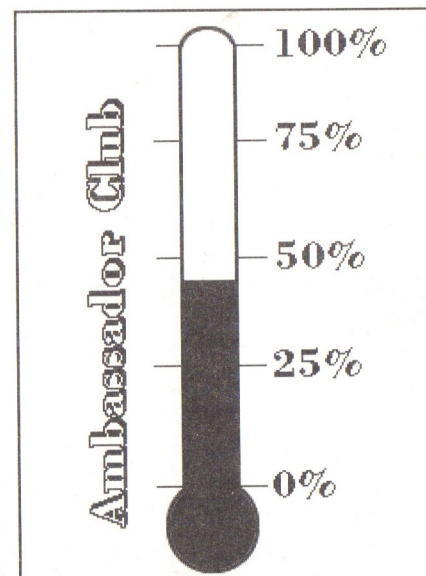
## Astara Holds Christmas Boutique

Astara's First Annual Christmas Boutique will be held on Sunday, November 14th from 10 A.M. to 3 P.M. on Astara's campus in Upland.

A large selection of Christmas items, plants, hand-crafted articles and gourmet foods is available to make your holidays brighter and more festive. Creative gift ideas abound at this boutique, sure to become a favorite holiday tradition on Astara's campus.

Also featured will be a Grand Drawing, food, entertainment and celebration of the Sunday Service at 11 A.M.

Come out and enjoy good food, wonderful people and great shopping on Astara's campus! ✨



*Astara's Ambassador program climbs slowly toward our goal. Have you shared Astara with someone and earned free Lessons for yourself?*





## Satsang with Dr. Earlyne

*"What is Initiation?"*

**Q:** I am occasionally asked "What is initiation?" I understand what it means but I can't explain it in a few words nor can I give the Lessons of the Book of Life to them so that they can understand. Can you explain it in words we can use to others?

**A:** Initiation means the beginning of an awakening. It means the soul is entering into the spiritual life. With your first initiation you are taking the first step into the spiritual kingdom. As the monadic force of your being passed from the Universal Kingdom of Monads into the vegetable and from the vegetable to the animal and from the animal kingdom into the human kingdom, so you now pass from the human kingdom into the spiritual kingdom into the university of the Supreme Intelligence—the Hall of Wisdom.

Initiation takes place after you have learned many lessons of life during a number of incarnations on this planet. Only then are you ready for initiation. All souls will eventually enter the path of initiation, but it takes a long time and many incarnations to prepare one for this step. But the process can be hastened. You can work out your own salvation slowly or take the Kingdom of God by "storm" in the course of a few

incarnations—by learning the lessons of earth life as rapidly as possible and passing on from class to class.

There are two ways of learning. The slow method is by experience—by identifying yourself with matter and experiencing all the vibrations, enjoying all the pleasures life gives you, all the sorrow, all the suffering, and finding out in the end that "all is vanity and vexation of the soul."

The second is by strenuous thinking and living, by learning from the experience of others, by purifying your lower self and transmuting all the course vibrations into finer and more harmonious ones. By unfolding your consciousness, by realizing the unity of all selves, by seeking the light, by expanding your vision into God's plans for the world and consciously cooperating with Him to further them through prayer, service and study.

Each initiation marks the passing of the soul into a higher class. Each initiation is a further awakening of consciousness. It is the transition from one point of polarization to another. It is a progressive at-onement of our lower personality with the Higher Self, your oversoul; with your self and all selves; between your Higher Self and the Universal Self;

*Continued on page 15*

## Authors Sadleir and Weiss Complete 1993 Round Table Breakfasts

Fascinating authors Steven Sadleir and Dr. Jordan Weiss host November and December's Authors' Breakfasts at Astara's Round Table Restaurant.

Steven Sadleir is the author of *The Spiritual Seeker's Guide* and *The Awakening* and founder of The Self Awareness Institute. He will be at Astara on November 13th.

*The Awakening* is a tool to initiate awakening. Reflecting upon the words, a vast, untapped potential is activated within. While reading, a recollection of humankind's purpose in life begins to surface to the forefront of one's awareness. With greater awareness comes greater peace and bliss. This book empowers readers to find the truth which already lies within.

December's author, Dr. Jordan Weiss, is the author of *Psychoenergetics*, a dynamic new method for helping people overcome

their deep unconscious barriers to health, happiness, prosperity and love.

His book demonstrates how in just 20 minutes a day using the simple techniques in the privacy of their homes, people can master their emotions, release anger, fear and insecurity, eliminate unwanted thoughts and obstacles, succeed in their relationships, heal emotional pain and stress-related illness and change negative behaviors forever.

Whether the reader is troubled, ill or looking to explore beyond, *Psychoenergetics* is a way to expand one's self-knowledge in a user-friendly combination of psychology and philosophy.

Dr. Weiss will be at Astara on December 11th.

Authors' Breakfasts are held in the Round Table Restaurant on Astara's campus from 9 to 10 A.M. Call (909) 981-4941 for more information. ✨

**"We make a living by what we get,  
but we make a life by what we give."  
—Winston Churchill**

*Consider Winston Churchill's famous quote as you celebrate the holiday season. Your tax-deductible contribution to Astara will help preserve our light and truth for future generations. So please turn to the center of this issue, remove the special offering envelope and give generously.*





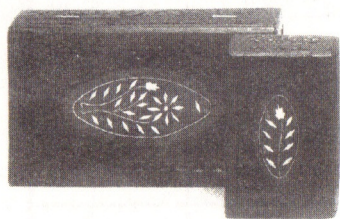




## Astara's Special Gift Selections

### Eve Aroma Lamp

Aroma Lamps come packaged as a complete set—lamp, heat source, 1/8 oz. bottle of our special Relaxing Blend Essential Oil and complete directions for use. Diffuses therapeutic, aromatic oils that help heal, rejuvenate and soothe the weary spirit! Available in Flamingo, Lavender, Blue and Sand. \$14.50

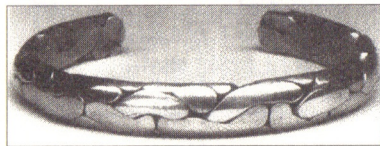


### Treasure Boxes

These lovely handcrafted wood boxes hold treasures of all kinds.

6"x10" Box \$14

4"x6" Box \$6



### Tibetan Medicine Bracelet

Throughout India and Asia you see many people who wear this three metal bracelet as an over-all health and preventative medicine tool. It is hand-crafted of Copper, Brass and White Metal and is an attractive piece of jewelry. One size fits all. \$9.95

Matching adjustable **Tibetan Medicine Ring** only \$3.95 each or 2 for \$5.95.

### Treasure Candles

A quartz crystal is buried within each of these candles. Other treasures to be found inside might include pewter, jade or onyx figurines, charms made of Rose Quartz, Sterling Silver and other semi-precious metals.

*Micro Mini-Pyramid* \$11  
(in Peach, Lavender or Sapphire)



*Dove Candle* \$24

*Star & Moon Candle* \$20

*Christmas Tree Candle* 6"  
in Green w/ Silver \$22  
in White w/ Gold \$22



*Dolphin Mini-Pyramid Candle* 4" \$22

### Lotus Flower Lamp

These lamps have a stable base and wide petals for heat dissipation. The lamp may be held comfortably in the hands and will burn for 10 hours. \$12

### Astral Magic

Create a whole new universe indoors—on the walls, on the ceiling or in the closet—with over 165 self-sticking glow-in-the-dark stars, moons, comets and more! \$4

### The Charles Frizzell Calendar

A masterful Visionary painter's profoundly moving, brilliantly beautiful, eminently respectful images of Native American spirituality and culture. \$9.95



## Music & Video Make Great Gifts!



### Yanni

#### *In My Time*

The artist's latest tape, these 11 cuts will take you through a range of emotions.

### Yanni

#### *Dare to Dream*

Twelve original compositions by an artist who goes "straight to the heart."

### Cusco

#### 2000

From "Rhythm of the Wilderness" to "Flying Condor," these selections all celebrate life on our planet.

### Cusco

#### 2002

This latest tape from Cusco continues the theme of the last with wonderful songs like "Earth Waltz."

### Rob Whitesides-Woo

#### *Miracles*

Music of the spirit for harp, strings and winds.

### Rob Whitesides-Woo

#### *Mountain Light*

An exquisite tapestry of New Age music.

### Peace on Earth

Traditional and classical Christmas music played on a magnificent turn-of-the-century music box.

### Randall Leonard

#### *Angels in the Rain*

Original compositions lead the listener on a mystical journey.

### Randall Leonard

#### *Flutterbys*

Original recordings in celebration of childhood, of growth and of life.

### Randall Leonard

#### *Melting Snow/Thirsty Flowers*

Arrangements that add a whole new dimension to his compositions.

**Tapes \$10 ♦ CDs \$17**

## Valley of the Sun Video Hypnosis Program

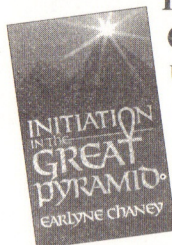
These powerful tapes program both the conscious and the subconscious mind with new beliefs. Beliefs generate thoughts and emotions, which in turn create experiences. Change those beliefs and you change your life. These tapes generate an eyes-open dreamy state of consciousness in which you are receptive to properly phrased suggestions. Verbal and visual hypnosis are combined with two kinds of subliminal programming (suggestions flashed across the screen and embedded into the background music). This incredible four-way combination makes this video the most powerful self-programming tape in the world. (VHS) \$19.95 each

- ♦ Overcoming Addictions & Codependency
- ♦ Stop Smoking Forever
- ♦ Reinvent Yourself
- ♦ Past Life Regression

- ♦ Develop Psychic Ability Now
- ♦ Attracting Love: Drawing your Soulmate to You
- ♦ Chakra Balance
- ♦ Healing Acceleration



## Books from Dr. Earlyne Chaney



### Initiation in the Great Pyramid

Unlock the door to an ancient past life experience of initiation in the Great Pyramid in Egypt. Also available in French. \$14.95

### Kundalini and the Third Eye

Along with William Messick, Earlyne writes of Kundalini energies, how to open your Third Eye and more. \$12.95

### Lost Secrets of the Mystery Schools: The Coming of the Gods, Initiation and Rebirth

Discover what happened those thousands of years ago that affected the destiny of humankind. \$15.95

### Remembering:

#### The Autobiography of a Mystic



A story of life after death and love beyond death. The birth of Astara is recounted here. More text inserted here in order to even out the columns. \$11.95

### The Mystery of Death and Dying: Initiation at the Moment of Death

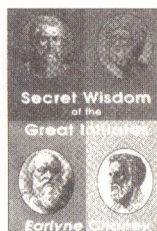
Death is a moment of spiritual initiation. Learn to prepare for this special passage with joy and anticipation. Also available in Spanish. \$12.95

### Secrets from Mount Shasta

Learn the secrets of Mount Shasta and the transition of our planet into the New Age. \$8.95

### Secret Wisdom of the Great Initiates

Plato, Socrates, Pythagoras and Apollonius—what do these great initiates have to say to us, light seekers of the 20th Century? \$15.95



### Shining Moments of a Mystic

Mystical poetry and striking photography; a beautiful gift! \$3.95

### The You Book: A Treasury of Health and Healing

This encyclopedic anthology offers a wide variety of holistic approaches to a multitude of health problems. A must-have. \$18.95

### The Madonna and the Coming Light

Share Dr. Earlyne's spiritual quest to the Madonna's home and to the village of Medjugorje. Discover the prophecies—and the promises. \$15.95

### The Eyes Have It

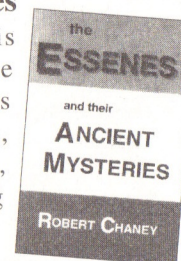
Explore the relationship between the physical and the spiritual eye. Achieve the best possible eyesight and maintain it through natural methods. \$9.95



## Books from Dr. Robert Chaney

### The Essenes and Their Ancient Mysteries

Discover in this updated edition, the Essenes' teachings about angelology, baptism, immortality, prophecy, healing and more. \$5.95



### The Inner Way

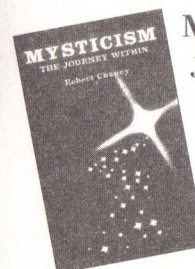
Easy-to-use inner attunement methods to help meet life's problems. Helps focus your entire being toward your life's goals. \$9.95

### The Jeweled Tree of Life

A fascinating exploration of chakras and energy as well as a study of humankind's symbolic and mystical connection with trees. \$3.95

### Life on the Other Side

An easily understood view of the greater dimensions of life on the other side. An invaluable aid to your spiritual quest. \$4.95



### Mysticism: The Journey Within

A workable approach to mystical awareness. If you've ever had a mystical experience, this book is a must-read for you. \$13.95

### New Age Healing Methods

A remarkable course of twelve lessons that gives insight into how body, mind and spirit work together for your good health as well as that of others. \$35

### Occult Hypnotism

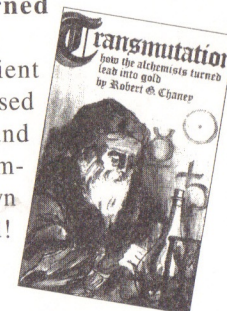
Explains hypnotism—how it was used in the past and how it is used today. Discover how to reap the benefits of better health and happiness. \$4.95

### Think on New Levels

Build a better life with your inner sense. Use your mind to gain awareness and a higher level of consciousness. \$4.95

### Transmutation: How the Alchemists Turned Lead into Gold

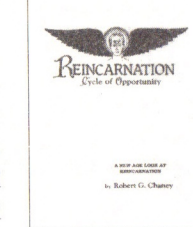
Explore ancient alchemical ideas used for personal and spiritual transformation. Turn your own nature into gold! \$4.95



### Unfolding the Third Eye

Explains the mysterious third eye, its functions and ways to tap its potential. Presents a totally new concept of the importance of this faculty in every expression of life. \$4.95

### Reincarnation: Cycle of Opportunity



Understand and come to grips with your feelings about reincarnation and what role it plays in your spiritual future. \$4.95



## Degree Lessons Continuation Request

Astara • 800 W. Arrow Hwy. • Box 5003 • Upland, CA 91785-5003

I have checked the tuition payment I prefer. Please send the Degree Lessons to me accordingly:

### U.S. and Canada Only

- ☐ I enclose \$12 for 2 Lessons  
☐ I enclose \$23 for 4 Lessons  
Send 2 each month (Save \$1)  
☐ I enclose \$34 for 6 Lessons  
Send 2 each month (Save \$2)  
☐ I enclose \$45 for 8 Lessons  
Send 2 each month (Save \$3)  
☐ I enclose \$56 for 10 Lessons  
Send 2 each month (Save \$4)  
☐ I enclose \$79 for 14 Lessons  
Send 2 each month (Save \$5)  
☐ I enclose \$120 for 22 Lessons  
Send 2 each month (Save \$12)

### All Other Countries

- ☐ I enclose \$15 for 2 Lessons  
☐ I enclose \$29 for 4 Lessons  
Send 2 each month (Save \$1)  
☐ I enclose \$43 for 6 Lessons  
Send 2 each month (Save \$2)  
☐ I enclose \$57 for 8 Lessons  
Send 2 each month (Save \$3)  
☐ I enclose \$72 for 10 Lessons  
Send 2 each month (Save \$3)  
☐ I enclose \$97 for 14 Lessons  
Send 2 each month (Save \$8)  
☐ I enclose \$140 for 22 Lessons  
Send 2 each month (Save \$25)

When you request more than two Lessons, they are mailed two at a time, unless specified differently below. All Lessons are mailed First Class, postage paid.

☐ Please send all lessons at once.

CA residents add 7.75% sales tax

Charge to my ☐ Visa ☐ Mastercard

Card # \_\_\_\_\_

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Signature \_\_\_\_\_

Please allow 4-5 weeks delivery. To ensure continuous study of Degree Lessons, you may wish to order in advance. Also, for increased savings and convenience, send advance tuition for more than one month's Lessons.

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Please check if this is a ☐ new address ☐ name change

For phone orders on Master Card or Visa, call (909)981-4941

Fax # (909)920-9541

V/11/93

## From Your Fellow Astarians on the Astara Degree Lessons

*"All of Astara's Book of Life Lessons are so important to me, but when I...read the Second Degree Initiation, I became so filled up with joy I felt I could not contain it. ...One of the greatest joys of Astara is that mirror study of myself and looking into my eyes and being able to see myself surrounded by the pure white Light. Thank you Astara for the truths I am learning and applying to my Life."*

—M. M.

*"Thank you for your prayers for my knee surgery. It was very successful....I had very little pain and that's always a blessing. It's always so wonderful to have a group of people to pray for you when you really need prayers. I deeply appreciate all the prayers you have said for me whenever I have asked you. Thank you so much."*

—A. S.

*"I thank God every day for Astara and how you have changed my life and for Astara's 1981 trip to Egypt and Israel which I went on that really brought me into the light. Thank you Astara for helping me in answering my prayer and making dreams come true."*

—D. B.

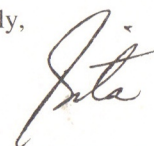
**Are you keeping up your spiritual  
growth through study? Continue your Lessons by using  
the request form on the opposite page today.**

### Sita's Letter

*Continued from page 2*

Light is in me." May peace be with you and a part of your being now and always.

Sincerely,



### Satsang

*Continued from page 4*

by removing the veils, the barriers between them. It is the widening of your vision from initiation to initiation until you embrace the whole universe. You are liberated from the Wheel of Birth-Death and need no more return to the world of matter.





## VOLUNTEER PROFILE

### Tom Spenik, Volunteer Extraordinaire

A familiar sight on Astara's campus this year has been Tom Spenik, "Volunteer Extraordinaire."

Although he just began volunteering his time at Astara at the beginning of this year, Tom has worked in many departments at Astara, including the bookstore, administration, and mail room.

He also helped out with Fire Initiation weekend and July's "World's Largest" Yard Sale and performs as a back-up usher at Astara's Sunday Services.

Tom was born in West Virginia, but has lived in California almost continuously since 1947. He is retired from the legal profession and enjoys volunteering for Astara out of "great



*Tom Spenik can be found all over campus, always with a ready smile and a willingness to help.*

respect for the founders and the organization" and enjoyment of teaching people what Astara is all about.

When not working or volunteering, Tom's time is filled by his family, reading and spiritual development efforts.

His favorite quotation is "Judge not, lest ye be judged," which he says may sound primitive to other people but that he feels conveys an essential truth. That is, that "one should avoid criticizing others and let love work, as it surely will." Knowing this, it makes sense that Tom's favorite thing about Astara is that it promotes respect for everyone.

Astara appreciates the effort Tom puts into helping us in our work. ☆

## "Meet the Angels" at Astara

Helen Lupien, a frequent lecturer and teacher at Astara, will present a special seminar, "Meeting the Angels," on Tuesday, November 9th.

She teaches that angels are very real and are all around us—that we have a personal Angel whom we can meet.

Angels are everywhere and love working with humans and are joyful when a human takes an interest in them. Learn how to communicate with the angels and reap the joy they can

bring to your life at this seminar.

Allow the angels to work with you and bring balance, health and abundance into your life. A special healing circle will be given during which you will learn to invoke and invite the healing angels into your life.

This seminar will be held from 7 to 9 P.M. on Astara's campus. Tuition is \$10. Call Astara's switchboard to receive more information and reservations. ☆

## In Loving Memory

The following Astarians have made a charitable donation to Astara as a memorial in honor of a loved one.

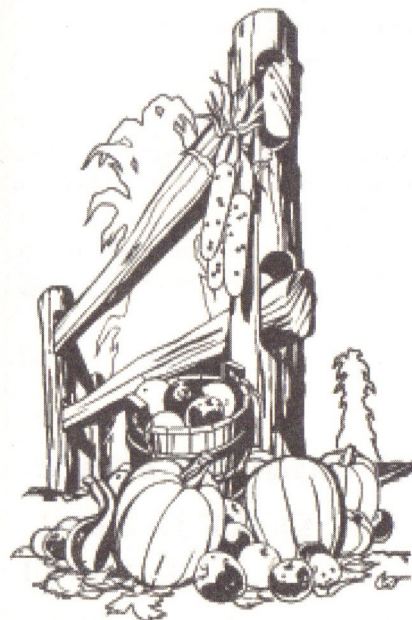
Larry K. Sullivan  
in loving memory of  
Wife, Sarah Jane Sullivan

Edith Evel  
in memory of  
Husband, Dolan Evel

Sandra Walker & Bob Schermerharn  
in memory of  
Aimee Wilson

D'Arlene Beazle  
in memory of  
James Enos

S. Alberi  
in loving memory of  
Father, Saturnino Alberi, Sr.



## You Send Us Letters...

*The following is a letter written to one of our staff:*

Dear Beth,

Thank you for your loving notes of acknowledgement each month. I do so appreciate your thoughtfulness on behalf of Astara. While I do not get over for services or most of the seminars, my heart is there.

Tithing is a blessing to me now. When Astara was in L.A. and I lived in Montebello, I attended services quite frequently, but was not into nor understood tithing. So...I gave my \$1 at each attendance, and at Thanksgiving, and Christmas contributed a nominal amount. Plus I bought most of the treatises that Robert and Earlyne wrote—and mimeographed! It has only been within the last ten years that I have spiritually understood the importance of tithing—and experienced the blessings. (Perhaps I should say that I began to give it serious thought.)

Astara has had its share of problems in the past few years, but it still is a shrine and a "Place of Light," not only to the members but to all humanity. We will never know how far-reaching its teachings have affected the spiritual consciousness of humankind.

I am an active 84—so perhaps one of these days we will meet—if we have not already.

Love Blessings,

F. M.  
Orange, CA



## Discovering What You Have Sown

At this time of harvest in many areas of the world, it is a good time to stop and look at the "crops" we've produced in our own lives. Unlike the efficient farmer, many of us are seemingly unaware of the kind of seeds we've sown until some begin to actually "bear fruit" in our lives.

"Involved in this process is the perfect law of compensation—the law of karma. Every individual sows according to his desires and reaps according to their pattern. He weaves his own web of destiny, thread by thread, according to his soul development and according to either his unification with the will of God or submission to his own personal ambitions or desires. (First Degree, Lesson 18, page 7)"

Just as a farmer planting apple seeds has absolutely no reason to expect a crop of anything but apples, so we should realize that the circumstances in our life can't help but reflect what we have created. Many, though, find it difficult to take responsibility for the situations in which they find themselves.

"He [humankind] is only now slowly beginning to recognize within

himself the law of action and reaction as it affects his individual life. Through the operation of his own free will he is beginning to observe that once a set of causes has been set into motion, a certain set of results is inevitable. (First Degree, Lesson 19, page 2)"

The seeds of our karma may either result in sweet or bitter fruit.

"An English term for the Sanskrit karma is compensation—getting back what we have given; reaping what we have sown. When we consider karma from the aspect of compensation, we at once realize that the law works in our favor as well as sometimes seemingly against us. That which we give, for instance, always is given back to us with added interest because the law of giving always supersedes that of accepting or taking. I is more blessed to give than receive. But when we do evil to others, we reap a like evil. (First Degree, Lesson 19, page 3)"

Successful farmers take the time as they harvest to scrutinize their crops in order to learn what they can for the next planting season. We might be wise to periodically follow their example in our own lives. ☆



**Not what we give, but what we share,  
For the gift without the giver is bare.**

—J. R. Lowell

## Make the Journey Inward...

Chances are good that the most important journey you will ever make will cover no distance in miles, nor take space in time. It will be the Journey inward...

Dr. Sita Chaney has developed a unique and fascinating tool, a special forty-page treatise, to aid you in your quest for self-realization.

With image-rich prose, using many symbols and metaphors designed especially for you, you're guided into the inner depths of self through this personal, interactive story.

Based in part on an extensive but easy to fill out questionnaire which you are asked to complete, the "journey" speaks to your inner self in the most meaningful way possible. Even issues of special personal concern and the question of your own future are woven into this inspirational tapestry of words.



If you would like more information—and a copy of the questionnaire you are asked to complete for your journey, with no obligation whatsoever—please fill out the form below and mail it to:

Dr. Sita Chaney  
15 Forest Street, Suite #137  
Medford, MA 02155  
Attention "Inner Journey"

And please note that for the fastest response, your inquiry should not be sent to Astara's regular mailing address.

**Please rush me additional information on Dr. Sita Chaney's guided "Inner Journey."**

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_\_) \_\_\_\_\_

Please print clearly and mail to: Dr. Sita Chaney, 15 Forest Street, Suite #137, Medford, MA 02155, Attention "Inner Journey"





## ASTARA'S HEALING MINISTRY

***"I can run...without the slightest pain"***

Dear Dr. Earlyne,

For almost 2 years I had a pain in my right knee which grew considerably worse by the end of the year. I could not go downstairs without feeling an acute needle-like pain on my right knee and the cold weather affected it badly. Walking fast was very painful. I went to the doctor to see just what was going on and an MRI x-ray revealed a badly torn meniscus plus another old injury caused by a fall which I did not even remember having. The doctor said that I should prepare myself for a knee operation to correct those conditions.

Since the thought of becoming crippled while living and working in New York City terrified me, I sent you a Healing Petition and asked for your prayers. Gradually, the pain started to disappear and today my knee feels completely recovered. I can run, go downstairs, chase the bus ... all without the slightest pain. I thank you with all my heart and thank Master Zoser for this healing which I owe to your prayers. How true it is that with Astara, one is never alone.

God bless you always.

CDL., NY.

Dear Dr. Earlyne,

About 3 weeks ago I called for a prayer request. I had at that time, a severe cold. My left ear was aching and I couldn't hear a sound.

Two days later the pain in my ear was completely gone and so was the cold. The hearing in my left ear has returned! I am so happy and very grateful for the healing which came about.

Thank you, Astara, for your help. God bless you and your work richly.

A.Z., CA.

Dear Drs. Robert and Earlyne,

February 4th of this year, I sent you a Healing Petition for a severe cold that seemed to become worse daily, in spite of medical care.

One week later, the cold had left and I was back to normal. Thanks ever so much for your healing help. I am indeed grateful. God bless you forever.

M.B., CA.

***"Being true to oneself is the law of God. Trying to be true to oneself is the law of man."***

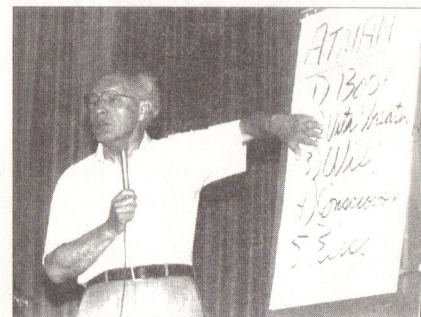
***—Tze-Sze***

## Dr. Robert's Seminars

*Continued from first page*

(You may attend one or all.) Friday evening's seminar is entitled "Self-Growth Through Mystical Science" and offers you a look at your unique place in this opportunity-filled universe. All day Saturday, "The Journey of the Initiate" will find you participating in a journey taken by wise ones of old—a journey from potential to actuality. On Saturday night, you will learn "How to use the Akashic Records" to, among other things, determine your personal mission on earth. The course concludes with Sunday morning's "Healing—The Universal Enterprise." Here you'll become acquainted with the greatest healer ever known: the Self.

The Southern California tour



continues in the Los Angeles area (Culver City) on Nov. 5-7, Long Beach on Nov. 12-14, the Santa Barbara area (Goleta) on Nov. 19-21, and the Palm Springs area (Palm Desert) on Dec. 3-5. The seminars will be presented in Upland at Astara on Jan. 21-22, with a slightly different weekend schedule.

Reservations or seminar brochures with all the details can be obtained through Astara's Barbara Joy at (909) 981-4941. ✨

## Monthly Meditation

*Continued from first page*

we can help bring this spiritual peace to humankind by sending these affirmations into the Astara lightwave. This influence on the etheric ocean of energy flowing around our planet is subtle, but it has far-reaching effects.

As before, let your meditative energies flow through you and be synchronized with the vibrational energies of other Astarians for the first ten minutes of this meditation. The last five minutes of the meditation is reserved for more personal issues or needs. Simply accept the energy as freely as it flowed from you.

During the meditation for spiritual peace, please visualize areas of darkness on our planet becoming

areas of light. See soul knowledge and awareness permeating waves of people. Watch internal turmoil turn to internal serenity. Let discordant vibrations fall limply into a pool of light. See the ripples in the pool become smaller and smaller until they no longer remain. Distance yourself from the pool of light and see that it encompasses Earth. Send love into it and become part of the light. Let your own metamorphosis into spiritual wholeness and peace inspire others.

Our collective consciousness can work miracles. ✨

***"War is an invention of the human mind. The human mind can invent peace."***

***—Norman Cousins***



## November on Astara's Campus

### Meeting the Angels—with Helen Lupien

Tuesday, November 9th. Learn to communicate with the angels and reap the joy they can bring to your life. 7 to 9 P.M. \$10.00

### Author's Breakfast—with Steven Sadleir

Saturday, November 13th. Participate in an open discussion and question & answer session with the author of *The Awakening* and founder of the Self Awareness Institute. 9 to 10 A.M. Love Offering.

### Christmas Boutique

Sunday, November 14th. Come browse and buy at Astara's first annual Christmas boutique. Beautiful hand-crafted items to brighten your holiday season. 10 A.M. to 3 P.M.

### Meditation and Yoga—with Sandy Jones

Sundays, November 7th, 14th, 21st and 28th. Meditation and exercise for overall fitness of the body, mind and spirit. Come and celebrate health, fitness and life! 7 to 8 P.M. Love Offering.

### Golden Light Network—Dean Knight officiating

Sunday, November 21st. 1 P.M.

### Transpersonal Counseling—Barbara Sinor, M.A.

Thursdays. Appointments made through the Bookstore (909) 981-8033. \$25 per 30-minute session.

## Coming Up...

### Pranic Healing Seminars—with Choa Kok Sui

January and February. Free introductory seminars will be presented. Call Astara for more information and reservations.

*Reservations are recommended for seminars and required for lunches.  
Call Astara's switchboard for further information (909) 981-4941*

# Give Thanks

## A Visit with Robert

### Listen to the 'Voice of the Soul'



Dear Astarian —

Some ideas are timeless, as appropriate now as they were years and even centuries ago.

Just today, for example, I came across a quotation I'd used in a sermon thirty years ago. It was taken from a fifty-year-old book by Lawrence Hyde. Let's see if it doesn't apply to you today, as it does to me.

"We have little hope of gaining any really fundamental control over our lives unless we are prepared to deepen our consciousness by turning for illumination within. If we wish to understand and act with creativeness and discrimination we must learn to listen, not merely to the deliverances of the intellect, but to the more interior voice of the soul."

It seems to me that humankind today is listening more and more to the "voice of the soul." And individuals are gaining greater control over their lives by "turning for illumination within."

World political changes point to gradually achieving peace among national, ethnic, and even religious groupings. A recent international conference in Chicago attracted 7,700 participants from 250 religious traditions. There were some ripples of discontent, but mostly there was agreement upon a "spiritual quest for

peace, sexual equality and respect for all faiths."

Since its beginning, Astara has peacefully blended many traditions, especially in the area of that great dividing line between East and West. Mr. Hyde says the "...Occidental has been born to embody the Divine — and the Oriental has been born to etherialize the material." Personally, I don't see enough difference between the two to quarrel about it.

Peace — it's wonderful. Peace —

Always,

*Robert*

## Write this down on your calendar!

Dr. Robert will bring his world-renowned four-part seminar, "The Path to Self-Enlightenment," home to Astara's campus for the very first time.

Share this special weekend retreat January 21st and 22nd. Call Barbara Joy at Astara for more information and reservations.

